

NCAA DIVISION I COACHES OFF CAMPUS RECRUITING GUIDE – SPORTS OTHER THAN FOOTBALL AND BASKETBALL
Effective August 1, 2011

| Freshman/Sophomore | Junior | Senior | Two-Year College Prospects | Four-Year College Prospects | Evaluations and Contacts |
|---|---|--|--|---|--|
| <p>Recruiting Materials -</p> <ul style="list-style-type: none"> • Questionnaires, camp brochures, NCAA materials and nonathletics recruiting publications only. • Men’s Ice Hockey – June 15 following sophomore year. <p>Telephone Calls -</p> <ul style="list-style-type: none"> • Once per month beginning June 15 following sophomore year. | <p>Recruiting Materials -</p> <ul style="list-style-type: none"> • September 1 for all sports other than men’s ice hockey. <p>Telephone Calls -</p> <ul style="list-style-type: none"> • One per month through July 31. <p>Off-Campus Contact -</p> <ul style="list-style-type: none"> • July 1 following junior year. • Women’s Ice Hockey – July 7 following junior year. • Women’s Gymnastics – July 15 following junior year. | <p>Telephone Calls -</p> <p>Twice per week beginning August 1.</p> <p>Off-Campus Contact</p> <ul style="list-style-type: none"> • Women’s Ice Hockey July 7 prior to senior year or the opening day of classes of her senior year in high school, which ever is earlier. • Women’s Gymnastics July 15 prior to senior year or the opening day of classes of her senior year in high school, which ever is earlier. • All Other Sports July 1 prior to senior year or the opening day of classes of his or her senior year in high school, which ever is earlier. <p>Official Visit -</p> <ul style="list-style-type: none"> • Opening day of prospect’s classes. | <p>Telephone Calls -</p> <ul style="list-style-type: none"> • Once per week. <p>Qualifier -</p> <ul style="list-style-type: none"> • Contacts permissible. <p>Nonqualifier -</p> <ul style="list-style-type: none"> • No contacts until after completion of first year of enrollment at the two-year college. <p>Official Visits -</p> <ul style="list-style-type: none"> • Maximum of five beginning October 15 following prospect’s completion of high school. • Nonqualifier – May not be provided an expense paid visit until after completion of first year of enrollment at the two-year college. | <p>Telephone Calls -</p> <ul style="list-style-type: none"> • Once per week following permission. <p>NCAA or NAIA Institution -</p> <ul style="list-style-type: none"> • Only after written permission has been granted by the student-athlete’s institution. <p>Other Four-Year Institution -</p> <ul style="list-style-type: none"> • Written permission not necessary. <p>Official Visits -</p> <ul style="list-style-type: none"> • Maximum of five beginning October 15 following prospect’s completion of high school. | <p>Softball -</p> <ul style="list-style-type: none"> • 50 evaluation days from August 1 through July 31. <p>Women’s Volleyball -</p> <ul style="list-style-type: none"> • 80 evaluation days from August 1 through July 31. <p>Other Sports -</p> <ul style="list-style-type: none"> • Seven recruiting opportunities (contacts and evaluations combined) per prospect and not more than three of the seven opportunities may be contacts. • Practice/competition site restrictions (see other side). |

*Please note that this document should not be used as a substitute for the NCAA manual. Coaches are encouraged to contact the athletics compliance office for additional information.

DEFINITIONS

Contact

A contact is any face-to-face encounter between a prospect or the prospect’s parents, relatives or legal guardian(s) and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged (e.g., staff member positions himself/herself in a location where contact is possible) or that takes place on the grounds of the prospect’s educational institution or at the site of organized competition or practice involving the prospect or the prospect’s high school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of whether any conversation occurs. However, an institutional staff member or athletics representative who is approached by a prospect or the prospect’s parents, relatives or legal guardian(s) at any location shall not use a contact, provided the encounter was not prearranged and the staff member or athletics representative does not engage in any dialogue in excess of a greeting and takes appropriate steps to immediately terminate the encounter.

Evaluation

Evaluation is any off-campus activity designed to assess the academic qualifications or athletics ability of a prospective student-athlete, including any visit to a prospect’s educational institution (during which no contact occurs) or the observation of a prospect participating in any practice or competition at any site.

Evaluation Days

An evaluation day is defined as one coach engaged in the evaluation of any prospect on one day (12:01 a.m. to midnight); two coaches making evaluations on the same day shall use two evaluation days.

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Recruited Prospective Student-Athlete

Actions by staff members or athletics representatives that cause a prospect to become a recruited prospect at that institution are:

- a. Providing the prospect with an official visit;
- b. Having an arranged, in-person, off-campus encounter with the prospect or the prospect's parent(s), relatives or legal guardian(s);
- c. Initiating or arranging a telephone contact with the prospect, the prospect's relatives or legal guardian(s) on more than one occasion for the purpose of recruitment; or
- d. Issuing a National Letter of Intent or the institution's written offer of athletically related financial aid to the prospect (excluding summer term awards prior to initial full-time enrollment).

Telephone Calls

All electronically transmitted human voice exchange (including videoconferencing and videophones) shall be considered telephone calls. All electronically transmitted correspondence (e.g., electronic mail, facsimiles) shall not be considered telephone calls.

CONTACTS, EVALUATIONS AND TELEPHONE CALLS

Off-Campus Recruiters

An institutional staff member is not permitted to recruit off campus until he or she has been certified on an annual basis as to knowledge of applicable recruiting rules.

Telephone Calls During Conduct of Athletics Contest

Telephone calls to a prospect [or the prospect's relatives or legal guardian(s)] may not be made during the conduct of any of the institution's intercollegiate athletics contests in that sport from the time the institution's team reports on call at the competition site at the direction of the coach until the competition has concluded and the team has been dismissed by the coach.

Telephone Calls - Institutional Staff Members -- General Rule

All telephone calls made to and received from prospects (or the prospects' parents, legal guardians or coaches) must be made and received by the head coach or one or more of the assistant coaches who count toward the numerical limitations in that sport.

Visits to a Prospect's Educational Institution

Visits to a prospect's educational institution that will occur during that portion of the day when classes are being conducted for all students must receive the approval of the executive officer (or the executive officer's designated representative) of the prospect's educational institution.

Counting Contacts and Evaluations

Evaluations that occur during the academic year count against the permissible number of recruiting opportunities. Outside of the academic year, evaluations do not count against the annual number of recruiting opportunities. Contacts that occur with a prospect count against the permissible number of total recruiting opportunities regardless of the time period (e.g., academic year or outside the academic year). All contacts and evaluations are subject to recruiting calendar restrictions.

Contact at Prospect's Practice or Competition Site

Recruiting contact may not be made with a prospect prior to any athletics competition in which the prospect is a participant during the day or days of competition, even if the prospect is on an official or unofficial visit. Contact includes the passing of notes to a prospect by a third party on behalf of an institutional staff member. Contact shall not be made with the prospect as follows:

- a. At any site prior to the contest on the day or days of competition;
- b. From the time the prospect reports on call (at the direction of his or her coach or comparable authority) and becomes involved in competition-related activity to the end of the competition even if such competition-related activities are initiated prior to the day or days of competition;
- c. After the competition, including competition that requires more than one day of participation (e.g., a tournament), until the prospect is released by the appropriate institutional authority and departs the dressing and meeting facility; and
- d. Coaching staff members may not send electronic correspondence to a prospect while he or she is on call for competition at the competition site. Coaching staff members may send general correspondence (including electronic correspondence) to a prospect while he or she is on call and not at the competition site or while the prospect is at any location once he or she has been released by the appropriate authority, provided the general correspondence is sent directly to a prospect (e.g., the front desk of the hotel, the prospect's personal fax machine) and there is no additional party (e.g., camp employee, coach) involved in disseminating the correspondence.

Visit (Without Contact) to Prospective Student-Athlete's Educational Institution

A visit (without contact) by a coaching staff member to a prospect's educational institution counts as an evaluation for all prospects in that sport at that educational institution.

Evaluations Are Sport Specific

The limitations on the number of evaluations are sport specific; therefore, a prospect being earnestly recruited by an institution in more than one sport may be evaluated on the permissible number of occasions in each of those sports during the academic year. Evaluations are counted against the sport of the coach making the evaluation.

Exception: Recruiting Opportunities in Cross Country and Track and Field

An institution is limited to a total of seven recruiting opportunities (contacts and evaluations combined) during the academic year during which the prospect competes in any or all of the sports of cross country and indoor and outdoor track and field, provided not more than three of the opportunities are contacts.

Evaluations in Team Sports

In team sports, an institution shall use an evaluation for each prospect participating in a practice or contest observed by the institution's coach, even if a contact is made during the same day. An institution's coach who is attending an event in which prospects from multiple educational institutions participate in drills (e.g., combine) shall use an evaluation only for each prospective student-athlete participating in the event that the coach observes engaging in the drills.

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Evaluations in Individual Sports

An institution's coach who is attending a practice or event in which prospects from multiple institutions participate in drills (e.g., combine) or competition in an individual sport on a specific day shall use an evaluation only for those participants that the coach observes engaging in practice or competition. The evaluation is counted even if a contact is made during the same day.

Tournament Evaluations

Evaluation during each day of a tournament held during the academic year shall count as a separate evaluation except as follows:

- a. Evaluation of multiple contests in a tournament that occurs on consecutive days (and normally at the same site) shall count as a single evaluation;
- b. Evaluation of multiple contests in a single tier of a tournament (e.g., sectional, district, regional) shall count as a single observation. If a particular tier of a tournament is subdivided into identifiable segments (e.g., conducted on different weekends), evaluation of contests in each identifiable segment counts as a single observation.

Other Multi-Day Events

Evaluations at a multiple-day event (e.g., jamboree, round robin, showcase) constitute separate evaluations for each day of the event unless the event is conducted in a tournament format in which a winner of the event is determined.

Evaluations/Contact at Prospective Student-Athlete's Educational Institution

If a coach makes an in-person recruiting contact at a prospect's educational institution, all evaluations (other than observations of athletically related activities) made on that calendar day at the prospect's educational institution shall not count among the permissible number of evaluations for any prospect at that institution in the applicable sport.

Communication After Commitment

The restrictions on the forms and frequency of communication shall no longer apply beginning the calendar day after: (1) the prospective student-athlete signs a National Letter of Intent (NLI) or the institution's written offer of admission and/or financial aid; or (2) the institution receives a financial deposit in response to the institution's offer of admission.

NCAA Division I Cross Country/Track and Field Recruiting Calendar

August 1, 2011 through July 31, 2012

(See NCAA Division I Bylaw 13.17.8 for Cross Country/Track and Field Calendar Formula)

The dates in this calendar reflect the application of Bylaw 13.17.8 at the time of publication of this manual but are subject to change per NCAA Constitution 5.2.3.1 or if certain dates change (e.g., National Letter of Intent signing dates) are altered.

- | | | |
|-----|--|----------------|
| (a) | August 1-13, 2011: | Quiet Period |
| (b) | August 14 through December 11, 2011, [except (1) below]: | Contact Period |
| (1) | November 21 (12:01 a.m.) to November 22, 2011, (12:01 a.m.): | Dead Period |
| (c) | December 12, 2011, through January 2, 2012, [except for (1) below]: | Quiet Period |
| (1) | December 12 (12:01 a.m.) to December 16, 2011, (12:01 a.m.): | Dead Period |
| (d) | January 3 through July 31, 2012, [except for (1) through (3) below]: | Contact Period |
| (1) | January 30 through February 2, 2012: | Dead Period |
| (2) | March 9 (12:01 a.m.) to March 11, 2012, (12:01 a.m.): | Dead Period |
| (3) | June 6 (12:01 a.m.) to June 10, 2012, (12:01 a.m.): | Dead Period |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

August 11

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Quiet period: August 1 - 13

Contact period: August 14 - 31

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Quiet period:
August 1 - 13

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Contact period:
August 14 - 31

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Yellow - Quiet period
Green - Contact period

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

September 11

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Contact period: September 1 - 30

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Green - Contact period

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

October 11

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Contact period: October 1 - 31

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24/31

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Green - Contact period

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

November 11

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--|--|--|------------|--|------------|------------|
| <p>Contact period: November 1 - 20; 22 (12:02 a.m.) - 30</p> <p>Dead period: November 21 (12:01 a.m.) to 22 (12:01 a.m.)</p> | | | | | | |
| | | 1 Contact period: November 1 - 20 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 Dead period: November 21 (12:01 a.m.) – 22 (12:01 a.m.) | 22 Dead period ends at 12:01 a.m. Contact period begins at 12:02 a.m. | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | <div style="border: 1px solid black; padding: 5px; width: fit-content;"> Green - Contact period Red - Dead period </div> | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

December 11

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|--|------------|------------|--|---|------------|
| <p>Contact period: December 1 - 11</p> <p>Dead period: December 12 (12:01 a.m. – 16 (12:01 a.m.))</p> <p>Quiet period: December 16 (12:02 a.m.) - 31</p> | | | | | | |
| | | | | 1 Contact period: December 1 - 11 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 Dead period: December 12 (12:01 a.m. – 16 (12:01 a.m.)) | 13 | 14 | 15 | 16 Dead period ends at 12:01 a.m. Quiet period begins at 12:02 a.m. - 31 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| <p>Green - Contact period Red - Dead period Yellow - Quiet period</p> | | | | | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

January 12

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|--|--|------------------|------------------|------------------|------------------|
| <p>Quiet period: January 1 - 2</p> <p>Contact period: January 3 - 29</p> <p>Dead period: January 30 - 31</p> | | | | | | |
| <p>1 Quiet period: January 1 - 2</p> | <p>2</p> | <p>3 Contact period: January 3 - 29</p> | <p>4</p> | <p>5</p> | <p>6</p> | <p>7</p> |
| <p>8</p> | <p>9</p> | <p>10</p> | <p>11</p> | <p>12</p> | <p>13</p> | <p>14</p> |
| <p>15</p> | <p>16</p> | <p>17</p> | <p>18</p> | <p>19</p> | <p>20</p> | <p>21</p> |
| <p>22</p> | <p>23</p> | <p>24</p> | <p>25</p> | <p>26</p> | <p>27</p> | <p>28</p> |
| <p>29</p> | <p>30 Dead period January 30 - 31</p> | <p>31</p> | | | | |

Yellow - Quiet period
Green - Contact period
Red - Dead period

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

February 12

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--|------------|------------|---|--|---|------------|
| Dead period: February 1 - 2 Contact period: February 3 - 24 | | | | | | |
| | | | 1 Dead period: February 1 - 2 | 2 | 3 Contact period: February 3 - 29 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Red - Dead period Green - Contact period </div> | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

March 12

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|------------|------------|------------|------------|--|------------|
| <p>Contact period: March 1 - 9 (midnight) and 13 (12:02 a.m.) - 31</p> <p>Dead period: March 9 (12:01 a.m.) - 11 (12:01 a.m.)</p> | | | | | | |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 Dead period: March 9 (12:01 a.m. – 11 (12:01 a.m.) | 10 |
| 11 Dead period ends at 12:01 a.m. Contact period begins at 12:02 a.m. - 31 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| <p>Green - Contact period Red - Dead period</p> | | | | | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

April 12

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|------------|------------|------------|------------|------------|------------|
| Contact period: April 1 - 30 | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |
| <div data-bbox="1577 1333 1904 1414" style="border: 1px solid black; padding: 5px; text-align: right;">Green – Contact period</div> | | | | | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

May 11

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|----------------------------|------------|------------|------------|------------|------------------------|------------|
| Contact period: May 1 - 31 | | | | | | |
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| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | Green - Contact period | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

June 12

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--|------------|------------|---|------------|---|------------|
| <p>Contact period: June 1 - 6 (midnight) and 10 (12:02 a.m.) - 30</p> <p>Dead period: June 6 (12:01 a.m.) - 10 (12:01 a.m.)</p> | | | | | | |
| | | | | | 1 Contact period: June 1 - 6 (midnight) | 2 |
| 3 | 4 | 5 | 6 Dead period: June 6 (12:01 a.m.) - 10 (12:01 a.m.) | 7 | 8 | 9 |
| 10 Dead period ends at 12:01 a.m. Contact period begins at 12:02 a.m. | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Green – Contact period Red – Dead period </div> | | | | | | |

2011-12 Division I Cross Country/Track and Field
Recruiting Calendar

July 12

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Contact period: July 1 - 31

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Green – Contact period